

Get Outdoors Challenge

Spring / Summer 2024



Adventure Checklist for _____ Troop # _____.

Hey, Girl Scouts! Join our Get Outdoors Challenge to get outside, have fun and earn a new patch! From March 20 through Sept. 21, 2024, Girl Scouts are invited to complete as many activities as possible from the following checklists. Once you have finished the required amount of activities for your grade level, submit this form to your troop leader, caregiver or Girl Scout Volunteer. Adults should then submit the completed form to Girl Scouts of Black Diamond Council to receive a Get Outdoors Challenge participation patch and seasonal leaf set! Be sure to capture photos of yourself in action to share with our council. See you outside!

Spring 2024 Activities

Visit a farm.	Complete an outdoor badge.	Go bird watching.	Fly a kite.
Have a picnic	Jump rope outside.	Visit a national park.	Make a bird feeder.
Hike 1/2 a mile.	Learn how to use a compass.	Pitch a tent.	Meet a park ranger.
Build a fort.	Go for a walk.	Tie-dye something outside.	Draw a map of your favorite outdoor place.
Play disc golf.	Blow bubbles.	Learn about your home watershed.	Go on a horseback ride.

In order to successfully complete the Get Outdoors Challenge, each participating Girl Scout must complete the following number of activities:

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
20	25	30	35	40	45



Document your outdoor adventures!

Show off your skills by sharing photos or videos! Take Girl Scouts of Black Diamond Council behind the scenes as you and your Girl Scout Squad get outdoors, experience new fun and complete the Get Outdoors Challenge! Don't forget to tag us on Instagram or TikTok @gsblackdiamond.

Spring 2024 Activities

Draw and play hopscotch.	Plan and create an outdoor obstacle course.	Make a fairy garden.	Read a book outside	Take a nature selfie.
Play a game outside with your friends.	Plant some herbs or flowers.	Ride a bike.	Watch ants.	Play on a playground.
Attend an outdoor sporting event.	Learn about spiders.	Attend a Council/Service Unit outdoor event.	Visit a zoo.	Tour a botanical garden.
Learn about archery.	Create art inspired by nature.	Hug a tree.	Draw a sidewalk chalk masterpiece.	Measure the rainfall during a storm.
Play outside with a pet.	Plan and/or complete a scavenger hunt.	Play an instrument outside.	Swing on an outdoor swing.	Take a night hike.
Make up a game outside.	Watch the clouds.	Sing a song while on a walk.	Swim in a creek or a lake.	Visit a state forest.

Take the challenge. Earn a patch.



For more information about the Get Outdoors Challenge, visit <https://girlscouts.info/PatchPrograms> or scan the QR code below.

Once your Girl Scout has completed the challenge, contact the Girl Scouts of Black Diamond Boutique to purchase your Get Outdoors Patch and leaf set!



Summer 2024 Activities

Watch fireflies at night.	Ride on a boat.	Play mini golf.	Complete a Girl Scout Journey activity outside.	Go kayaking or canoeing.
Make a s'more over a campfire.	Learn the stories behind three constellations.	Attend a GSBDC outdoor program.	Learn about careers that involve the outdoors.	Go primitive camping.
Visit a state park.	Create a journal to track change of seasons.	Visit a farmer's market.	Plant herbs to keep in your kitchen.	Go see a waterfall.
Go fishing.	Mountain bike on a trail.	Hike to see a sunrise or sunset.	Explore a cave or cavern.	Go ziplining.
Learn how to use a camping stove.	Read the writings of a famous environmentalist.	Go for a walk, jog or run in a park.	Make a flower crown.	Swim in an outdoor pool.
Camp at a campground.	Go whitewater rafting.	Beautify a garden.	Stay overnight at a resident camp.	Go geocaching.
Become a CIT.	Take photos outside.	Visit the beach and play in the sand.	Go to an amusement park or a fair.	Help clean up a trail.
Make a leaf rubbing.	Guide a younger Girl Scout troop on a hike.	Ride a skateboard, bike or roller-blades outside.	Learn about trail markers.	Hike or walk 2-3 miles.
Enjoy ice cream outside.	Paint outside using spray bottles or waterguns.	Watch fireworks.	Visit a waterpark.	Play in a sprinkler.
Sing songs around a campfire.	Go stand-up paddleboarding.	Observe a wild animal from a safe distance.	Go to a drive-in movie.	Have a water balloon toss.

From March 20 - September 21, 2024, complete as many activities as possible from either of the lists above. Once you have finished the required amount of activities for your grade level, hand this form in to your troop leader and/or grownup. They will make arrangements to make sure you receive your Get Outdoors Challenge participation patch and seasonal leaf set.



Get Outdoors Challenge patches are available through the shop.