



Girl Scouts®
Where Girls Grow StrongSM

Safety Wise

Home-Study Questionnaire

Name _____ Phone # _____

Address _____

City/State/Zip _____

Cluster _____ Service Unit _____

Troop # _____ Troop Age-Level _____

Girl Scouts of Black Diamond Council
210 Hale Street,
Charleston, WV 25322

5/03
TRA - 177

For Office Use Only



The purpose of this training is to provide Girl Scout volunteers the opportunity to:



- ✓ Review the major content areas contained within *Safety Wise*
- ✓ Become familiar with information pertaining to all Girl Scout activities
- ✓ Practice using *Safety Wise* to research information about a particular activity.

Instructions:

(You will need a copy of *Safety Wise*, 2000 edition)

- 1.) Complete all of the questions using *Safety Wise* to guide you. (Please complete within 4 weeks of receiving the self-study.)
- 2.) Complete the cover page.
- 3.) Give your completed self-study and evaluation to your Field Executive, take it to your local Field Center, or mail to:

Education Specialist
Girl Scouts of Black Diamond Council
210 Hale Street, Box 507
Charleston, WV 25322

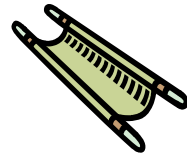


Your questionnaire will be returned to you through your Field Executive or the mail; please keep it with the rest of your Girl Scout materials.

Parts of this self-study were adapted from the *Safety Wise* Home-Study Training Questionnaire created by Girl Scouts of Seal of Ohio.



Shared/Adult Development/Safety Wise



Responsibility for Safety - Chapter 1

1. List the 6 ways the council provides safety guidance and support to Girl Scout Leaders:

2. The Girl Scout Leader has the most _____ with the girls as well as the most _____ on them.

3. The leader is responsible for safeguarding _____ - _____ and instilling in them the sense of _____ . To accomplish this, all leaders must:



4. Behaviors that will cause an adult to be released from acting in an official Girl Scout capacity are:

5. List 3 of the seven ways Parents/Guardians assist the leader in ensuring the health, safety, and well-being of girls:

6. Girl Scouts may earn Safety Awards. The activities in these awards reinforce the importance of _____ in everyday life and in _____ we do in Girl Scouting.





Group Leadership - Chapter 2

7. List the four major components of leadership:

8. List 4 things girls expect from their leader:

9. List 5 functions of a leader:

10. List the 6 techniques for resolving conflict:



Group Planning and Budgeting - Chapter 3

11. Progression is built into the design of the _____ and _____

for each age level. Many skills learned in Girl Scouting become the foundation

for later _____, _____, and _____

_____.

12. A key ingredient in Girl Scouting is the _____ of girls and

adults working together. With girl/adult planning, girls feel _____

and have more opportunities to become responsible and _____ -

_____.



13. The girl/adult partnership begins at the Daisy Girl Scouting age level and _____ and _____ as the girls grow older and gain experience in making and carrying out their own decisions.



14. A group's budget should be based on reasonable _____, _____ - _____, _____, and an additional money earning event if needed. Money earning projects must be approved in advance by the _____.

15. List 3 examples of money-earning activities that are not appropriate for Girl Scout groups:



Basic Safety Guidelines - Chapter 4

16. The _____ of the girls is your most important consideration.

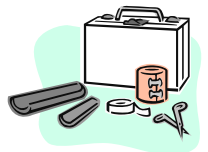
17. Anticipate _____ and prevent _____ whenever possible.

18. Girl Scout Leaders must observe council procedures for handling serious _____, _____, or _____.

(pages 32-36 address many important procedures - be sure to read carefully)

19. A Girl Scout first-aid is an adult who has taken council-approved _____ - _____ and _____ training.

20. A general first-aid _____ should be available at the meeting place and accompany the girls on any activity, including _____ to and from an event.



21. Over-the-counter or prescribed medication should be in the _____ container.



22. A _____ is required annually for participation in physically demanding activities.

23. A health examination within the preceding 24 months is required for participation in:

24. Information from a health examination is _____ and should only be shared with persons who needs to know.

25. When Girl Scout program activities involve _____ or _____ issues, the leader's role is as a caring adult who can help girls acquire their own skills and knowledge in a supportive atmosphere rather than as an advocate of any particular _____.



26. List the 5 sensitive issues listed on pages 40-43:

27. Girls may not participate in service projects that involve _____ and _____ risks. Service projects involving _____ pick-ups, stream _____, adopt-a-highway _____, and other such activities that involve picking up _____ to beautify an area, need to be carefully planned because they present some risk.



Planning Trips with Girl Scouts - Chapter 5



28. List the progression of trips:

- | | |
|---------|---------|
| 1 _____ | 4 _____ |
| 2 _____ | 5 _____ |
| 3 _____ | 6 _____ |

29. Daisy Girl Scout travel activities include _____
_____ (up to a day long) and _____ camping trips with
family members.

30. Brownie Girl Scouts go on discovery trips in the _____ or
nearby.



31. Junior Girl Scouts go on day trips in their own communities and to places of
interest nearby. Eventually, their plans include _____ trips, with
stays in _____ or motels as well as _____.

32. Cadette Girl Scouts can go away for _____ or longer if
they have taken overnight trips. Girls with specialized skills may plan trips
around those _____.

33. Because Senior Girl Scouts usually have greater emotional, physical, and mental
maturity than younger girls, they can benefit from more _____
_____.

34. Arrange for a back-home _____ who will be available by phone
during the trip. Be sure plans consider the _____ - _____
and the _____ and _____ diversity of the participants.



35. For trips of _____ nights or more, _____ coverage is obtained for the entire trip through the council under one of the optional accident or accident and sickness plans available.

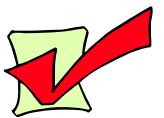
36. Before any mode of transportation is selected, make certain that the owner/operator is properly _____ and that the vehicle is registered, _____ for liability, and well _____.



37. Girls under _____ years of age should sit in the back seat whenever possible.

Note: Health histories should be carried in the vehicle in which the girls are travelling.

Girl Scout Program Standards - Chapter 6



38. The 35 Program Standards describe the basic philosophy of the Girl Scout program and the basic levels of _____ and _____ that must be provided to girls.

39. The Girl Scout program has _____ fundamental goals.

40. Program activities include a balance of _____ and _____ areas.

41. At all times, the _____, _____, and _____ of girls are paramount.



42. Girl Scouting is part of a _____ - _____ movement.

43. _____ is inherent in the Girl Scout Promise and Law.

44. Program activities provide girls with opportunities to have experiences beyond _____.

45. The leader receives the _____ from the _____



council to help guide preparation for and implementation of outdoor activities.
46. _____ from a parent or legal

guardian is obtained for participation in Girl Scouting. (Standard 10)

47. During all group meetings and related small-group activities, the leader,
assistant leader, or other responsible adult designated by the leader or council
is present, and at least one of these must be an _____,

not _____ to the other adults. This standard addresses girl/adult
_____ for meetings, events, trips, and group camping. (Standard 13)

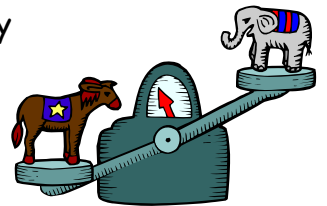
48. Girl Scout groups reflect the _____ of the community. (Standard 19)

49. All vehicles are equipped with a _____ - _____ & any federal
or state required _____. (Standard 25)

50. _____ Girl Scouts may not be involved in raising or handling money.

51. Girl Scouts may not _____ money for other organizations. (Standard 33)

52. Girl Scouts, in their Girl Scout capacities, may not participate in any
_____. (Standard 35)



Activity Checkpoints - Chapter 7

53. The checkpoints in *Safety Wise* guide the planning and implementation of
specific activities. The process of preparing for an activity is organized into 3
steps:

Step 1 - The leader reads the _____
that are universally applied to all activities

Step 2 - The leader reads the _____
that appear at the beginning of the chapter containing the activity that the
girls are planning.

Step 3 - The leader studies the activity checkpoints for the _____
_____ of interest.





54. In general, if an activity is not listed under one of the activity checkpoints or in another GSUSA publication, you should discuss the activity with the local _____ before making definite plans.

55. The leader keeps the Girl Scout council and _____ and _____ informed about the activities of the girls. (page 81)



Camping Activities - Chapter 8

56. In Planning and Supervision, the leader used the principles of _____ camping described in *Outdoor Education in Girl Scouting*.

57. The leader has taken group (troop) _____ in teaching and supervising group camping.

58. Girls should learn to use a variety of _____ including use of propane, butane, and gas stoves, charcoal, "canned heat", & solar energy.



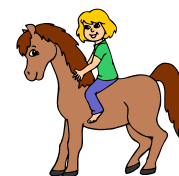
Land Sports - Chapter 9

59. Archery is not recommended for _____ or _____ Girl Scouts.

60. Bicycles are the proper _____ and in good _____.

61. Horseback riding is an activity that is not _____ for Daisy Girl Scouts.

62. Name two land sports that require a level 2 first aider to be present:





Water Activities - Chapter 10

63. Each person wears a U.S. Coast Guard-approved personal flotation device (PFD or _____) at all times when boating, regardless of swimming ability.

64. Be sure a _____ is filed with local authorities and a back-home contact. (page 114)



65. Name the 3 types of canoe activities:

66. While fishing, girls wading in water more than _____ - _____ or from a small _____ wear PFDs.



67. At least _____ adults are needed to supervise any kayaking or rafting activity.

68. Public pools and controlled waterfronts may be used when _____ are on duty.

69. For all swimming activities, each participant is _____ and _____ according to her swimming ability.

Other Activities - Chapter 11

70. List the 8 activities listed in Chapter 11:



Appendix - Glossary



71. Summarize the first safety major headings:
(page 146)

tip under each of the following

In the Hotel _____

Valuables _____

Fire Safety _____

72. Match the following terms and definitions: (pages 149-151)

- a. Emblems _____ The umbrella term used to refer to all official items that girls may wear on their uniform
- b., Religious and Other Awards _____ Insignia from the Girl Scout age-level books that are earned by completing requirements indicated
- c. Insignia _____ Insignia that denote Girl Scout membership at the national, council, and troop levels
- d. Participation Patches & Pins _____ Additional insignia that are earned through requirements determined by religious or other organizations or by GSUSA
- e. Proficiency Awards _____ Supplementary insignia whose focus is participation, not prescribed requirements.



Thank you for taking your valuable time to complete this Safety Wise self-study questionnaire. We appreciate your willingness to become familiar with Safety Wise so that you can be prepared to offer a safe and quality program to your girls.

Be sure to keep your *Safety Wise* book handy and use it each and every time your group begins to plan a new activity.



Evaluation



Thank you for completing the *Safety Wise* self-study questionnaire. Please take a few moments to reflect on this training and provide feedback that will help us evaluate the course for future use. After completing this evaluation, please mail it back to us along with your self-study questionnaire.

Circle all that apply: New Experienced

Leader Co-Leader Assistant Leader Administrative Volunteer Trainer

How long did it take you to complete the *Safety Wise* Questionnaire?

Was this :

format easy to understand? yes no

format interactive and did it hold your attention? yes no

Do you now know how to use *Safety Wise* to look up specific safety points? yes no

I found the questions easy difficult

How will completing this self-study questionnaire help you work with girls?

What is the most important information you gained from this self-study and how will you use it?

Comments: