

SENIOR GRADE LEVEL 2014-2015



Self-Study



Girl Scout Senior Program Level Training

How to Complete the Self-Study:

- 1) Read and complete the Self-Study Guide.
- 2) Return the completed self-study quiz and evaluation form to:

Girl Scouts of Black Diamond Council
PO Box 507
Charleston, WV 25322-0507

You may also return the completed materials to your local MSM.

Questions during the self-study, contact:

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304-345-7722, ext. 1102
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Name _____

Address _____

City _____ State _____ Zip _____

Email
address _____

Phone
number _____ Cell _____

Girl Scout Seniors: What They Do

1. Which of the following can be found in the Girl's Guide to Girl Scouting for Girl Scout Seniors?
 - A. Requirements for the Girl Scout Silver Award
 - B. Requirements for the Girl Scout Gold Award
2. Girl Scout Seniors can design one "Make Your Own" Badge each year.
 - A. True
 - B. False
3. A Senior troop may earn a "Make Your Own badge that was designed by another troop.
 - A. True. They CAN earn one designed by others.
 - B. False. They CANNOT earn one designed by others.
4. How many Leadership Journeys do Girl Scout Seniors have to choose from?
 - A. 3
 - B. 5
 - C. 18
5. How do you know when a girl has completed a Journey?
 - A. Whenever she feels ready to move on.
 - B. When she has earned all three awards and finished her "Take Action" project.
 - C. When she has earned all three awards.

Girl Scout Seniors: What They Do

Pick the answer that *best* describes how the community problem could be converted into a sustainable Take Action project and address the root cause of the problem.

6. Kids at the local middle school say they don't feel safe and that bullying is a huge problem.
 - A. Work with the school to start an annual program for all students to learn how to identify the bullying and step in when they witness it.
 - B. Have a karate expert come and give everyone a self-defense lesson.
 - C. Put up posters encouraging students to be nicer.
7. Water samples from the local lake show it isn't safe to swim there! And, it kinda smells!
 - A. Put signs around the lake warning people not to swim in it.
 - B. Let people know that they can swim at the YMCA instead.
 - C. Advocate to end the source of pollution and raise awareness about the problem.

Girl Scout Seniors: What They Do

8. Match the correct answers.

___Addresses the root cause and creates a sustainable, long lasting solution.	A) Service Project
___ Makes the world a better place for some people "right now."	B) A Take Action Project

9. Select the best example of what "Girl Led" means.

- A. Teen girls should take turns leading an activity during their meetings.
- B. Teen girls should plan and lead events for younger Girl Scouts.
- C. Teen girls should figure out the what, where and how of their troop to include safety, budgeting and paperwork.

10. Two important parts of Learning by Doing are:

- A. Watching someone demonstrate a skill then trying it for themselves.
- B. Actively participating in an activity and reflecting on the experience.
- C. Researching a skill then inviting an expert to visit the troop.

Girl Scout Seniors: Finances

11. Girl Scout Seniors can keep their Girl Scout earnings in individual bank accounts.

- A. True
- B. False

12. If a Girl Scout Senior leaves Girl Scouting, she can "cash out" what she has earned and use it for non-Girl Scout activities or purchases.

- A. True
- B. False

Girl Scout Seniors: Inclusion

13. Which of the following are POOR EXCUSES for not adding a new girl or girls into the troop?

- A. Your small troop has been together for years.
- B. The new girl has food restrictions.
- C. The new girl will have difficulties camping.
- D. The new girls won't fit into your mini-van.
- E. The girls don't want to go through the hassle of making new friends.
- F. All of the above.

Girl Scout Seniors: Inclusion

14. Which sensitive issues might a teen girl be exposed to?

- A. Illegal substances
- B. Dating pressures
- C. Eating disorder/body image concerns
- D. Self-harming behaviors (such as cutting)
- E. Academic/athletic pressures
- F. All of the above

15. Match the following situations:

___ Girls want a guest speaker to share information about social media pitfalls, including "sexting."	A) Immediately inform the girl's parents/guardians. Tell her you must do so.
___ You overhear the girls having a detailed conversation about religious beliefs.	B) Parents should sign permission slips for this.
___ A girl confides in you that she has thought about suicide.	C) Communicate to all the parents/guardians of the involved girls to let them know this discussion occurred.

