

GIRL Fest 2019 Meal Menu

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|---|---|----------------------------|
| June 26 – Dinner | June 28 – Breakfast, Lunch, & Dinner | June 30 - Breakfast |
| June 27 – Breakfast, Lunch, & Dinner | June 29 – Breakfast, Lunch, & Dinner | |

Below are the Menu Items for Meals:

| Breakfast (selection of items varied daily) | Lunch |
|--|---|
| Eggs | River Lunch on All Day Raft Trip |
| Bacon | Burger: beef, chicken, or veggie |
| Fried Potatoes | Fresh Fruit |
| Waffles | Chips & Dip |
| Oatmeal | Salad (potato or macaroni) |
| Fruit (hot) | Dessert |
| Fruit (Fresh) | Water/Lemonade |
| Biscuits | Take Out Lunches |
| Orange Juice | Sandwich or Deli Wrap |
| Apple Juice | Fresh Fruit |
| Milk | Chips |
| Coffee/Tea | Cookie/Brownie |
| | Water |
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Dinner Menu:

| BBQ Chicken & Pulled Pork | Back Yard Cook Out | Tex Mex | Italian Dinner |
|--|--|--|-----------------------|
| BBQ Chicken & Pulled Pork | Hot dogs Meat and Veggie | Beef & Chicken | Pasta |
| Baked Beans (vegetarian) | Hamburgers Beef & Veggie | Beans & Rice (vegetarian) | Lasagna (vegetarian) |
| Potato Salad Roasted Vegetables (vegetarian option) | Toppings: chili, relish, onions, slaw, pickle, cheese, lettuce, tomato | Toppings: lettuce, tomato, onion, jalapeno peppers, sour cream, & black olives | Meatballs |
| Slaw | Potato or Macaroni Salad | Wraps & Chips | Red & White Sauce |
| Corn on the Cob | Dessert | Dessert | Tossed Salad |
| Dessert | Lemonade/Ice Tea/H2O | Lemonade/Ice Tea/H2O | Garlic Bread |
| Lemonade/Ice Tea/H2O | | | Dessert |
| | | | Lemonade/Ice Tea/H2O |